

**2019-20**

## **Best practice I**

**Title of the Practice:** Play school for Tiny-Tots

### **Objectives :**

In keeping with the syllabi, the Department of Home Science of our College runs a pre-primary/play school for kids of the age group of 2 1/2 . The objective of opening a play school is to acquaint the students with the child psychology and child development of pre-school kids.

### **Practice :**

The practice has been in vogue since 2003. Play at school is more than recess. It can be any activity, in the classroom or out, that fascinates the brain. When teachers use play in the curriculum and let the children follow their own interests, learning happens. When learning is self-initiated and self directed that way, it goes deeper and lasts longer.

Another best practice associated with the play school is that pre-school education is provided at a very low cost with a well-maintained ratio of 1 teacher to 20 students for imparting quality education and which enables the teachers to take personal care of each child. The department also takes the initiative to appoint alumni of the college as teachers for the purpose.

### **Impact of the Practice:**

Play is integral to the academic environment. It has been shown to help children to enhance their learning readiness, learning behaviours and problem solving skills. Play enhances physical development, cognitive development, social and emotional development.

Above all, students of the department get firsthand knowledge or so to say practical knowledge regarding the various stages of development in a pre-school child.

### **Obstacles faced:**

Because of the pandemic situation, it has not been possible to continue the activities of the school as all parents of the students are not techno-savvy. Salary payment to the teachers are getting delayed for which they are facing hardships.

## **Best practice II**

**Title of the Practice:** Extension activities by department

**Goal:** Our College inculcates social values and responsibilities to the students by engaging them in the extension activities in the adopted villages for holistic development of the society. Various programmes are organised through the NSS and NCC wing of the College under the UBA scheme and the Bio-Tech Hub. The various departments too engage their students in carrying out extension activities. Through extension activities, students learn collaboration, teamwork, leadership qualities and the importance of working together.

**Context:**

Our college is located in Sibsagar District which has a number of villages nearby and which follow various agricultural practices. So the Bio-Tech hub, and under the UBA scheme, initiatives had been taken to carry out activities in which awareness and sensitization on diverse aspects were laid stress upon.

Our institution has taken up 5 colleges for adoption – Bagal Habi Gaon, Kopouting, Banmukh Dehingia, Akhoi phutia, Merbill and in which most of the departments had take initiatives to organise programmes, in the villages. Though several programmes had been planned, due to the pandemic situation, some of them could not be carried out as planned. An awareness programme on organic farming was undertaken to encourage the rural farmers to take up such practices. Another such awareness programme on organic farming and distribution of Trichoderma samples among farmers were taken up at Bagal Habi Gaon, another adopted village. An awareness programme on new acts and loans relating to women was also taken up in the villages to sensitize the women on such pertinent issues. Some of the departments also jointly took up the initiative of taking Covid an awareness drive in the adopted villages.

**Evidence of success**

The various extension activities have helped the residents of the villages to look for healthier and sustainable agricultural practices. The various programmes on nutrition needs and other related topics have instilled a spirit of awareness in the rural women the need for looking after their own health. When students go and spent quality time with them, they are happy enough to share their feelings.